



ALLGÄU-SONNE



*Beauty & Cosmetics*

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In order to reach best results for you, we use the products of Cellcosmet, !QMS and Comfort Zone.

## >> *Our skin is the mirror of the soul* <<

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Besides the intensive care of face, neck and décolleté, our treatments most of all take care of your general well-being, to highlight your inner as well as outer beauty.

Our team of the Beauty & Cosmetics department therefore mostly cares of your individuality and your needs.

We are pleased to advise you in detail and to help choosing a suitable treatment. You can reach us at:

Phone: +49 (0) 8386 702 960  
E-Mail: [beauty@allgaeu-sonne.de](mailto:beauty@allgaeu-sonne.de)

Or come to the reception on the 2nd floor of the Allgäu Sonne, to make an appointment.

We are looking forward to see you!

Your

*Beauty & Cosmetics Department*



individual  
passionate  
holistic  
exclusive

>>The science of staying young<<  
This is the slogan of the innovative Swiss cosmetic line.

Due to the unique combination of cosmetics and medicine, Cellcosmet products combine this science.

Since the patented living cell therapy not only considers the physiological age of the skin, but also has a look at the hormonal identity of female skin.

That's why the concentration of cell extracts varies from product to product. By the use of these care products, which are specifically tailored for each skin type and each age of skin, convincing results can be reached:

Cellular treatments with products of Cellcosmet effect a reduction of expression lines and tightening of the skin. They revitalise the skin, ensure optimal moisture and help preventing skin aging.



### Allgäu Sonne Special

Convince yourself of our Cellcosmet Signature Treatment, the only treatment, which contains the new Biomatrix face and neck mask.

The Collagen Biomatrix intensively supplies the skin with moisture, soothes and models facial features.

You will be amazed by the results of this exclusive treatment. Instantly relaxed facial features, newly defined contours, firmer and smoother skin and a harmonious and luminous complexion.

(cleansing, enzyme scrub, deep cleansing, eyebrow correction, soothing mask, face and neck mask, hand and décolleté massage, ultrasonic, eye care, cellular final care)

approx. 105 min. € 195,-



### Swiss Deluxe – The Royal

Deluxe programme based on the cellular therapy. More defined facial contours, youthful radiance and intensive revival of skin functions. Radiance, energy, harmony of body and soul. Each treatment step causes new beauty of your skin and refreshes your senses. Enjoy an unforgettable skin care experience far away from rush and daily stress.

(cleansing, enzyme scrub, deep cleansing, eyebrow correction, phyto mask, hand massage, ultrasonic with cellular serum & hyaluronic acids, face, neck and décolleté massage with biocatalysts, eye care)

approx. 90 min. € 175,-

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### Swiss Relaxing – Anti-Stress

Relaxing and calming well-being care. Signs of fatigue and stress disappear and intensive moisture and skin tension is provided.

(pretreatment, 2-phases-scrub, deep cleansing, eyebrow correction, anti-stress-mask, eye care, massage, serum, final care)

approx. 75 min. € 125,-

### Swiss Ultrasonic Revival

Effective facial with depth effect. Due to the combination with ultrasonic, the cellular ingredients are infiltrated even better.

(cleansing, 2-phases-scrub, collagen serum, infiltration with ultrasonic, mask, final care)

approx. 60 min. € 100,-

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### Eye Reviver\*

Smoothing and filling collagen-fleece-mask with cell material for the eyes, which minimizes wrinkles and swellings.

approx. 35 min. € 52,-

\*can be added to each Cellcosmet treatment

# !QSM MEDICOSMETICS

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The innovative skin care system by Dr. med. Erich Schulte effects on the basis of fruit acid and natural collagen and is winner of the international World Spa Awards 2017.

The highly effective anti-aging-treatments visibly reduce signs of skin aging and improve the skin tone and vitality.



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## Activator Treatment

An immediately revitalising facial with feel-good effect.

By innovative technology and due to the supply with active ingredients, the skin is regenerated and appears freshly, tightened and brightly.

(cleansing, scrub, deep cleansing, eyebrow correction, algae mask, activator mask, serum, final care)

approx. 75 min. € 120,-

# !QSM MEDICOSMETICS

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## Anti Pollution Treatment

This special treatment was inspired by epigenetics.

The progressive formula of the ingredients contribute to increase skin's resistance towards stress and to provide intensive moisture and care simultaneously. In this way, the skin can recharge its batteries for a bright, healthy and youthful appearance.

(cleansing, scrub, collagen serum, algae mask, Rescue Overnight mask, final care)

approx. 60 min. € 100,-

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## Neo Tissudermie – New Tissue

This treatment, designed for strengthening and regeneration of mature skin, has a lifting and firming effect on tired and saggy skin. The skin structure thus appears optically refined and revitalised. !QSM Neck & More serves to tighten the contours of neck and décolleté and to react the loss of elasticity due to skin aging.

(cleansing, scrub, deep cleansing, eyebrow correction, algae mask, Hydro Foam mask, Co Lecithin serum, neck and décolleté care, final care)

approx. 90 min. € 130,-

We recommend working additionally with oxygen at each treatment.

# !QSMEDICOSMETICS

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## Premium Lifting – Ion Skin Equalizer Treatment

Effect: Increase of the regeneration process and stimulation of the development of new skin cells whilst skin metabolism is improved. The treatment focuses on the !QMS Ion Skin Equalizer, which is able to dispense its ingredients concentrated to active skin cells, due to its exceptional structure. The production of elastin increases, so that the skin appears tighter and fuller.

(cleansing, scrub, deep cleansing, eyebrow correction, algae mask, oxygen, mask, décolleté care, final care)

approx. 90 min. € 145,-

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## Urban Repair

Repairs damages, which result from daily external influences, helps improving the cell structure and protects the natural well-being of the skin. This facial supports the detox process and boosts metabolism and epidermal regeneration.

(cleansing, scrub, Anti Pollution serum, algae mask, collagen, oxygen, final care)

approx. 50 min. € 95,-

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## Perspective – Eye Reviver

An excellent relax treatment for tired and puffy eyes. Thanks to intense hydration, the eye area appears perfectly supplied with blood, refreshed and smoothed.

(cleansing, scrub, oxygen, eye care, collagen serum)

approx. 45 min. € 72,-

# [ comfort zone ]

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Comfort Zone provides a holistic and individual system, that combats four main factors of skin aging with the Longevity Complex® and offers unique relaxation rituals at the same time.

The innovative products of Comfort Zone sustainably obtain a slowdown of skin aging, protection of antioxidants, moisture penetration as well as skin detoxification.



## Deep Cleansing Treatment\*

(cleansing, scrub, deep cleansing, soothing mask, final care)

approx. 60 min. € 80,-

## Short Treatment\*

(cleansing, scrub, mask with massage, final care)

approx. 35 min. € 45,-

## Classic Facial\*

(cleansing, scrub, deep cleansing, eyebrow correction, mask, massage, eye care, serum, final care)

approx. 75 min. € 90,-

\*suitable for all skin types

## Medical Cosmetics

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To meet the steady rise in demands on cosmetic treatments, the Allgäu Sonne offers a wide range of classic and agent-based cosmetic treatments as well as medical cosmetics.

The benefit of apparative cosmetic is the effectiveness and sustainability of treatments, depth effect and qualitative improvement of the skin.

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### Radio Frequency For The Face

Apparative treatment for the entire year, that can be used independently of colour and pigmentation.

Stimulation of collagen and elastin formation, tightening of skin tissue, increased circulation due to deep warmth. The skin becomes firmer and tighter.

(cleansing, scrub, radio frequency, ultrasonic, soothing mask, serum, final care)

approx. 100 min. € 250,-

## Medical Cosmetics

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### Radio Frequency For The Body

Apparative treatment, applicable all year long.

Stimulation of collagen and elastin neosynthesis, tightening of skin and connective tissue, increased circulation due to deep warmth. Increased lipometabolism.

(cleansing, radio frequency, soothing mask, care)

approx. 115 min. € 295,-

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### Microdermabrasion

Within the microdermabrasion the top layers of skin's cells are removed mechanically by fine crystals. Regeneration of skin cells is stimulated. Also the microcirculation of cells can be improved.

(cleansing, deep cleansing, microdermabrasion, soothing mask, soothing final care, LSF)

approx. 60 min. € 100,-

### Microdermabrasion

as a supplement to arbitrary facial

€ 70,-

## Medical Cosmetics

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### Ultrasonic\*\*

The infiltration of ingredients with ultrasonic cosmetic is also called sonophoresis (or phonophoresis), and is also achieved by vibration effect. By moving back and fourth inter alia of intercellular spaces, they can ingest more substances.

- wrinkle reduction
- skin tightening
- cleaning of the skin

approx. 15 min. € 35,-

\*\*deep infiltration of ingredients, only bookable for treatments of !QMS and Cellcosmet

### Oxygen\*

With external application of active oxygen on the skin, microcirculation and skin metabolism are stimulated greatly. Oxygen stimulates the metabolism of cells, which are able to regenerate faster with its help, that also prevents wrinkles in your face.

approx. 15 min. € 35,-

\*can be added to each treatment

## Cosmetic Treatments

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Manicure without polish € 45,-  
 Manicure with polish, approx. 65 min. € 55,-  
 (scrub, shorten and file nails, cuticle care, hand care, polish)

CND Shellac Manicure, incl. remove of nail polish, approx. 60 min. € 65,-  
 Painting Nails with Shellac € 35,-  
 Remove of Shellac € 15,-

Cosmetic Pedicure without polish € 52,-  
 Cosmetic Pedicure with polish\*, approx. 65 min. € 62,-  
 (footbath, shorten and file nails, cornea and cuticle care, foot care)

\*Painting ONLY with own polish or purchase at the department

Deep Cleansing Treatment from € 45,-  
 depending on body part and duration, incl. soothing algae wrap

	Single	Addition
Plucking Eyebrows, approx. 15 min.	€ 10,-	€ 7,-
Tinting Eyebrows, approx. 15 min.	€ 14,-	€ 10,-
Tinting Eyelashes, approx. 20 min.	€ 18,-	€ 14,-
Tinting Eyebrows and Eyelashes, approx. 25 min.	€ 25,-	€ 22,-
Plucking and Tinting Eyebrows, and Tinting Eyelashes, approx. 30 min.	€ 33,-	€ 30,-

Depilation Upper Lip / Chin, approx. 15 min. € 16,-  
 Depilation Lower Leg, approx. 30 min. € 39,-  
 Depilation Forearm, approx. 20 min. € 30,-

## Body Treatments

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### Velvet And Soft

Sea salt body scrub with orange or lemon oil for velvety soft skin.

approx. 20 min. € 40,-

### Anti-Cellulite-Treatment (Cellcosmet)

Body contours are redefined, tissue is purged and a precise fat reduction is achieved.

(full-body metabolism scrub, massage and mask with anti-cellulite concentrate, firming final care)

approx. 75 min. € 125,-

### Body Toning – Body Contour Firming (Cellcosmet)

Improves the skin elasticity and redefines the body contours. Improvement of the complexion and body tone.

(full-body metabolism scrub, massage and mask with firming concentrate)

approx. 75 min. € 125,-

### Detoxification – Body Detox

Detoxifying intensive care for the body. Purifying, purging treatment. Ideal in case of tensions, fatigue and detoxification of tissues.

(full-body metabolism scrub, draining massage, detoxifying algae mask, final care)

approx. 75 min. € 125,-

## Body Treatments

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### Foot Wrap

Imbuing wrap with final foot massage.

approx. 20 min. € 30,-

### Hand Wrap

Moisturizing hand wrap with final hand massage.

approx. 20 min. € 30,-

### Neck Wrap

Moisturizing fleece with final neck and décolleté massage.

approx. 25 min. € 45,-

### Foot Massage

approx. 20 min. € 40,-

## Cosmetics for Gentlemen

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### Cellmen Swiss Relaxing Anti Stress

The unique care treatment, which respects the specific quality of male skin. For revitalised, healthy and fresh skin, including ultrasonic.

(cleansing, scrub, deep cleansing, mask, eye care, serum, ultrasonic, massage, final care)

approx. 75 min. € 125,-

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### !QMS Men's Purifying – Fresh Kick For The Man

Deep cleansing Detox-Facial with products of !QMS, including oxygen.

(cleansing, AHA-scrub, deep cleansing, alginate mask, serum, oxygen, final care)

approx. 65 min. € 120,-

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### Comfort Zone Deep Cleansing Treatment

(cleansing, scrub, deep cleansing, soothing mask, final care)

approx. 60 min. € 80,-

## Cosmetics for Gentlemen

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### Detoxification – Body Detox

Detoxifying intensive care for the body. Purifying, purging treatment, ideal in case of tensions, fatigue and detoxification of tissues.

(metabolism scrub, draining massage, detoxifying mask, final care)

approx. 75 min. € 125,-

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### Pedicure

(footbath, shorten and file nails, cuticle and cornea care, foot cream)

approx. 45 min. € 52,-

### Manicure

(scrub, shorten and file nails, cuticle and nail care, polishing, hand cream)

approx. 45 min. € 45,-

### Manicure & Pedicure

(footbath, nail, cuticle and cornea care)

approx. 90 min. € 90,-

### Depilation Back

approx. 35 min. € 40,-

### Face, Head And Neck Massage

Relax during a loosening and stimulating massage.

approx. 30 min. € 45,-

## Cosmetics for Children

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### Bling Bling Nails

You will enjoy a Mini-Manicure or Mini-Pedicure and your nails will be polished with a glitter polish.

approx. 30 min. € 35,-

### Little Princess

Short facial for girls

(cleansing, scrub, hydrating mask, final care)

approx. 30 min. € 45,-

### Ghostbuster

Short facial for boys

(cleansing, scrub, hydrating mask, final care)

approx. 30 min. € 45,-

### Tutti Frutti

Short hand and foot scrub with subsequent massage and fruity scented oil.

approx. 30 min. € 35,-

## Feel Good Treatments

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### Gentlemen's Package

We spoil you with a full-body scrub of sea salt and lemon oil, for wonderfully velvet and soft skin. Then you will relax during a hand and foot care and receive a moisture treatment, specially tailored to the needs of male skin.

- Full-body scrub, approx. 30 min.
- Manicure and Pedicure, approx. 90 min.
- Facial care, approx. 30 min.

approx. 150 min. € 165,-

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### Queen's Package

We begin your time-out either with a pedicure or manicure including polish. Diverse anti-aging-ingredients such as collagen and hyaluronic acid are infiltrated during the royal facial of Cellcosmet incl. ultrasonic. The hand and arm wrap provides you with velvety soft, groomed hands.

- Manicure or Pedicure either with/without polish
- Cellcosmet Facial, approx. 90 Min.
- Hand and Arm Wrap

approx. 150 min. € 245,-

## Feel Good Treatments

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### Relax Package

For those, who want to treat themselves with a short time-out, we start with a sea salt full-body scrub. This is followed by a relaxing facial with face and décolleté massage as well as a volumizing face mask and a foot wrap, which makes the skin smooth.

- Full-body scrub, approx. 30 min.
- Facial with face and décolleté massage as well as mask, approx. 35 min.
- Foot wrap, approx. 20 min.

approx. 70 min. € 100,-

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### Beauty Package

We spoil the eye and lip area, massage shoulder, neck and head, to create a perfect basis for the final day make-up. We will show you tips and tricks, which you can also use for your make-up at home. The gentlemen receive a pleasant hand scrub instead of day make-up.

- Eye and lip treatment, approx. 25 min.
- Shoulder, neck and head massage, approx. 20 min.
- Fresh day make-up for ladies / hand scrub for gentlemen

approx. 60 min. € 120,-

## Etiquette

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Please come to the Beauty & Cosmetics department five minutes prior your treatment – dressed with your bathrobe.

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If you are late, we unfortunately have to reduce your treatment time due to following treatments of other guests.

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As our packages are specially composed for you, we ask for your understanding, that packages are unfortunately not changeable.

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The listed periods refer to the whole treatment duration. That means, that a possibly necessary resting period is already included.

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We kindly ask you to inform us at the time of booking in any case of pregnancy or other specificities, so that we can prepare a fitting treatment timetable for you.

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If you are unable to keep the appointment, please inform us at an early stage. Free cancellation is only possible prior 24 hours. For late cancellations we charge 80% of the treatment price.

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To find the most suitable appointment for you,  
we suggest to book your treatments prior arrival!



ALLGÄU-SONNE

★★★★★

*Beauty & Cosmetics Department*

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